Ghana Beat My Drum

and

NSW Central Schools League Knockout Carnival
Wow! It's hard to believe that we are at the end of Term 3 already. Term 3 has certainly been a very busy one for the students and staff, with lots of fantastic excursions and visiting performances. Just last week we had a visit from the Ghana Beat My Drum performer and photos are below. Term 4 is shaping up to be just as exciting and busy.

All Primary students from Kindergarten through to Year 6 will be participating in the Safe Swimming Program for Sport each Friday from Friday 9 October - Friday 13 November. Notes for this have gone home and need to be signed and returned by the first Wednesday after the school holidays.

On Thursday 22 October 2015, we will be having a special Grandparent’s Day celebration at our P-6 Assembly in the library. Grandparents are invited to come along to watch the students receive awards and do a special presentation for their grandparents. Grandparents are then invited to stay and have morning tea with their grandchildren at 11am at the conclusion of the assembly. We hope to see as many grandparents as possible.

Students in Preschool will begin their transition into Kindergarten next term. By now all families should have informed the Preschool staff if they intend to enrol their child at Boggabilla Central School in 2016 as only those children will be participating in the transition activities. Transition activities will start Week 2, Monday October 12, with Preschool students going to the K/1/2 classroom from 10am. I will also be running some parent information sessions during Term 4 and will include this information in the next newsletter.

I wish everyone a safe and happy holiday and remember that school starts back for Term 4 on Tuesday 6 October as Monday is a public holiday.
NSW CHS Central School Knockouts League Finals

The open boy’s football team travelled to Dubbo to compete in the NSW CHS Central School Knockouts League Finals. The boys won three out of five games and came in 3rd for the day which was a fantastic effort. Overall it was a great trip. All the boys were well behaved and put in a great effort. A big thank you must go to Chris for coming along on the trip to help out.
HEAD TEACHER SECONDARY STUDIES

Hi There!

Wow, how fast Term 3 went! We have had yet another busy term.

Our **Year 12 students** completed their Trial HSC Examinations earlier in the term and this week finished all formal lessons. All Year 12 students are encouraged to attend school in the first 2 weeks of next term for study guidance. Their teachers will be available to them. We wish these students all the best during this somewhat stressful time.

**Year 11 students** completed their subject preliminary examinations also. Next term, Year 11 students ‘become’ our Year 12 students and as such begin their HSC subject study program. The HSC subject program is extremely full and if students are to have the best opportunity to be successful they **must attend** every day. Also, if any students wish to change their pattern of study they **must** see me within the first 2 weeks of Term 4. This is vital.

**Year 10 students** have been busy thinking about their subject selections for 2016. Some students have a clear idea of where they want to head after life at school. I encourage all parents/carers to speak to these Year 10 students about how, what and why they will work towards achieving their career goals. Also, in Term 4, Week 1, I will need to confirm all subject selections, especially any that are TAFE related.

**Work experience** for Year 10 students will be conducted towards the end of Term 4. Again, I encourage all parents/carers to discuss work experience options with your child. Parents/carers will hear more from me about this next term.

Wishing you an adventurous, happy and safe holiday.

Until Term 4,

Liz Meek.

Let us think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream, which fulfilled, can be translated into benefit for everyone and greater strength for our nation.

John F.Kennedy
At least 60 minutes a day – in many different ways.

Children’s daily physical activity does not have to be done all in one go. The 60 minutes can be accumulated throughout the day.

Remember, even if your child doesn’t play sport, there are lots of activities they can do. Being active in a variety of ways will help children get all the benefits.

If your child is not doing 60 minutes of physical activity every day, they will benefit from gradually increasing their activity to reach this amount.

**Intensity**

While all physical activity is helpful, the Guidelines recommend moderate to vigorous intensity physical activities.

**MODERATE INTENSITY ACTIVITIES** require some effort, but children can still speak easily while doing them.

E.g. fast walking, riding a bike or scooter and active play.

**VIGOROUS INTENSITY ACTIVITIES** require more effort and make children breathe harder and faster (‘huff and puff’).

E.g. running, chasing and playing tag, and many organised sports like soccer or netball.

So… 10 minutes before school, 20 minutes walking or riding to and from school and 30 minutes of active play after school = 60 minutes.

How about walking, riding, skateboarding or scooting safely to school or other places…

...or washing the car, walking the dog, or helping to dig in the garden?

Source: Department of Health Physical Activity Guidelines Resource

NSW Health

Hunter New England Local Health District

PHONE 4924 6499
ATTENDANCE REPORT

Attendance continues to be a main priority for everyone at Boggabilla Central School. We have had a positive improvement with our whole school attendance this term, beginning on 52% and increasing to 75%. A big thank you to all staff and students who have made attendance their number one priority. The school will continue to support students, parents and the community with attendance. Term 4 begins on Tuesday 6 of October. We look forward to seeing all students present and having a great start to the term. A reminder that school begins at 8.45am every morning, it is important that students arrive on time in order to get the most learning out of each day.

We will continue to have breakfast club every morning, with a big breakfast each Wednesday, as well as emergency lunches daily.

The end of term attendance rewards excursion is coming up this week. Students with 85% or more attendance will be eligible to attend. Primary students will be having a pirates’ rewards day. Secondary will be playing golf and going to the swimming pool.

Our whole school target continues to be 85%. We are currently on 75% at the moment. We are improving which is great to see.

Week 9 Statistics

Primary: 78 %
K/1/2: 84 %
2/3/4: 70 %
4/5/6: 82 %

Secondary: 72 %
7/8: 80 %
9: 61%
10: 72 %
11/12: 72 %
Is it a safe place for our kids?
A guide for parents.

As a parent or carer you play an important role in making sure your kids are spending time in places that are safe. This guide will help you look out for ‘child safe’ places.

**What is a ‘child safe’ place?**

Child safe means making sure the place where our kids spend time is safe from neglect, physical, sexual or emotional harm or abuse. A child safe place will have rules that are set up to make sure our kids are kept safe.

**Parents have a right to know who is working with their children.**

It is your business to know who is working with your children. Every day kids around NSW spend time with adults outside of their home. This can be at places like a sports club, youth group centre, or a drama studio. As a parent or guardian you need to understand what organisations should be doing to keep your child safe.

It is the law that people who work with your children including many tutors, nannies, coaches and counsellors have a current Working With Children Check. However, there is much more an organisation can do to keep kids safe.

**Understanding the Working With Children Check.**

In NSW all people who are working with your children (as well as a number of volunteers) need to have a current NSW Working With Children Check clearance number.

Some people don’t have to get a Working With Children Check number, such as a parent that volunteers in an activity that involves their own child e.g. a sports coach. The Check provides either a clearance or a bar to work with children. It is a crime for a person with a bar to work or volunteer with children.

**How do you know they have a Check?**

Parents and guardians are now able to ‘verify’ if the person working with their child (under 18) has a Working With Children Check. When we say ‘verify’, we mean parents can check online.

By checking online you will instantly see if the person is allowed to work with your child. Also, if they become a ‘barred’ person we will let you know. You will however need to know their details, including their name, birth date, application or clearance number.

**What parents can do.**

Employers and organisations can check or verify online that their workers or volunteers have a current Working With Children Check clearance number. So you don’t need to check a person who is employed but if your child has a coach or tutor that you pay directly you can go online to verify a Working With Children Check.
How to verify a WWC online

To verify, follow these simple steps:

**STEP 1**  Ask the person who works with your child for their surname, date of birth and WWCC or APP number.

**STEP 2**  Go to [www.kidsguardian.nsw.gov.au/check](http://www.kidsguardian.nsw.gov.au/check) and click on this blue button:

**STEP 3**  Under Verify, click the Individuals (e.g. parents) Verify button.

**STEP 4**  Complete the form, including the reason why you are checking the person (e.g. sports coach, dance teacher etc)

**STEP 5**  Click Submit.

**STEP 5**  You will receive the outcome by email.

What should I look for when choosing a safe program for my child?

It's always good to become familiar with the places where your children spend time. A Working With Children Check is important but its only one part of what should be done to make a place ‘child safe’. When choosing a service or program for your child it’s important to ask questions of those in charge so they can tell you what they do to keep kids safe.

For example, do staff have the right qualifications and training? What type of training, ongoing support and advice do workers receive about creating a child safe environment? Does the organisation involve the parents and children in the decisions that affect them? How does the organisation respond if there is a complaint or allegation?

It's also important to ask your children about their experiences and let them know you are interested in what they do. Talk about safe behaviours and teach them to talk to you so they can tell you if they ever feel scared, worried, upset or uncomfortable.

Some questions that may help to start the conversation include:

- What do you like most about the service?
- What don't you like?
- Does anybody make you feel happy?
- Does anybody make you feel sad?
- What makes you feel safe?
- What makes you feel scared?

To find out more about child safe organisations go to:

or contact us on (02) 8219 3600
MIRRI ATTENDERS WEEK 9

Levi
David
Owen
Taryn
Keleisha
Chloe
Tyra
Shataya
Isaiah
Lochlin
Connor
Zakius
Kiara
Erol
Darryl
Liam
Kyle
Debra
Madeline
Kiarna
Daniel
Rexiarna
Deborah
Kirsty
Kieran, Frederick and Makiily
Moree Secondary College is proud to host “The Gamilaroi Cup”
Thursday 8th October & Friday 9th October 2015
Boughton Oval Moree

Categories
U15 Boys
U15 Girls
Open Boys
Open Girls

Awards
George Rose Best Forward
Brad Tighe Best Back
Kyle Saunders Encouragement Award
Ewan McGrady Player of the Tournament

Take advantage of the Careers and Uni Expo, Social & Emotional Well Being Workshops, League Clinics & a Community Concert
Moree Secondary College is proud to host
“The Gamilaroi Cup”
Rugby League 9s Event

Team Nomination

School Name: ____________________________

Contact Person: ____________________________ Mobile: ____________________________

Email: ____________________________

Number of Teams

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Teams must only have 15 players

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For all enquiries contact email:-
Jason.Auld1@det.nsw.edu.au or
Crystal.duncan1@det.nsw.edu.au

Please fax completed forms to 02) 67521 626
The Gamilaroi Cup

Rugby League 9’s Tournament Rules

1. Each match will be of eighteen (18) minutes duration and will be comprised of two (2) halves of nine minutes. There will be a half time period of no longer than three (3) minutes. Finals matches will be twenty (20) minutes and will comprise of two (2) ten (10) minute halves with a five (5) minute halftime period.

2. Teams will consist of fifteen (15) players, with no more than nine (9) players on the field at any one time. Unlimited interchange may take place during the course of the match, using six (6) pre-named substitutes. Players being replaced must cross the touch line before the new player enters the field of play as a replacement. The player entering the field of play as a replacement must do so from an on-side position.

3. There will be no scrums and a change over will occur.

4. All kicks for goal shall be taken by way of a drop kick.

5. The re-start of play from the half way line, after points have been scored, will be by a place kick which the ball should travel no further than 20 metres.

6. After a try has been scored, both teams and the Referee will take up normal positions for the re-start of play. One Touch Judge will remain behind the goal posts to adjudicate on the kick for goal and play will be re-started immediately the Touch Judge has given his decision, which shall be final, and the kicker has returned to an on-side position with out delay.

7. If a substitution has occurred when a try has been scored or a penalty kick has been rewarded, the substitute player is not allowed to take the kick.

8. Periods of temporary suspension (sin bin) will be for three (3) minutes duration and will only be for that game.

9. The ARL National Safe Play Code will apply in all matches involving teams aged eighteen (18) years and under including NO shoulder charges

Rules come from the Australian Rugby League, Laws of Rugby League Nines (9’s)
Boggabilla

Held in the Preschool Building
Every Friday 9am - 12pm

Gold coin donation and bring morning tea and a hat

Only a Gold Coin donation
Bring Morning Tea and a Hat!
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