Fun during Book Week at school and the football trip to Brisbane

More great pictures inside.
ASSISTANT PRINCIPAL REPORT...

I had the pleasure of going to Brisbane on Friday 7 August with six of our young Boggabilla students – Jamey Williams, Chase Duncan, Matthew McIntosh, Levi Duncan, Connor Missen and Zakius Boney. The boys had the fantastic opportunity of running on to the Suncorp Stadium football field and to play a game of mini-footy before watching the main attraction – Broncos versus Bulldogs. They also got to enjoy an all you can eat buffet breakfast on Saturday morning before heading back to Boggabilla. The boys would like to thank Mr Khan for driving the bus, Aunty Louise for coming along to help and Uncle Carl from Toomelah for organising this unforgettable experience.

On Thursday 27 August, we celebrated Book Week at school with a Book Character Parade. Well done to all those students who dressed up and to the teachers who dressed up too. All classes also chose one of the Short Listed Book Week books to use as a focus text for the week. Their responses to these books are displayed in the classroom windows and in the Early Learning Hub windows.

Below are some photos from both of these fantastic events.
Ms Karen Baird
Assistant Principal
Preschool Prattle Week 8 Term 3, 2015

Last Week at a Glance

This week was ‘Book Week’. Our focus text was ‘Snail and Turtle are Friends’, by Steven Michael King. As part of our focus, we did a prediction activity prior to reading.

The children were given just the title and provided with no visuals. They had to design their own cover based on the title. We had lots of great designs. We also did lots of work on what being a friend means and what kinds of actions are associated with being friends.

Thursday was our big dress up day. Children dressed up as their favourite book character. This extended to their favourite movie or comic character. We had a few princesses, Barbie and lots of superheros, a minion, a power ranger and Mr McGee. It was lots of fun being in character for the day and our pre-schoolers did a fabulous job of parading in their costumes at assembly.

What’s Happening this Week

Monique and Alison from the Statewide Eyesight Preschool Screening program will be here on Tuesday to screen those children who missed the last screening session. It is the last opportunity for your child to be screened at Preschool, so please ensure the children are here on the day.

Science: We will be exploring ramps and inclines this week. We will be looking at what characteristics/properties are needed for objects to roll. There will be lots of investigation using everyday objects.

Ms Nicole Gooding
Preschool Teacher
Hi All,

Last newsletter, I wrote the Trial HSC Examinations were happening. This time it’s the Preliminary Examinations. These examinations will be run in Week 9, starting Monday 7 September. Most subjects will have them. These examinations are Year 11 students' last opportunity to improve their assessment marks. I ask you to encourage these students to spend time after school and on the weekends leading up to this period to study and prepare. The study skills they develop now, in Year 11, will be very helpful for them in Year 12.

Across Secondary, we (staff and students) are focusing on the expectations we have of ourselves and each other. They may include social expectations, such as how we speak to each other and educational expectations, such as those listed below.

- Line up quietly before entering the classroom.
- Hats off in the classroom.
- Sit in your allocated seat.
- Have your equipment out on the desk, ready to learn.
- When out of class, students must have permission.
  - A signed diary (Secondary) or note/pass (Primary).
- Students who are late to class will do class detention for the time they are late.

The staff at BCS is committed to teaching all students at BCS and assisting them to make the most of their time here.

It is regrettable that only three students submitted an application for the Secondary Student Representative Council (SRC). The student voice is an important part of school, especially at BCS. I urge you to encourage our students to get on board. As someone once said “Decisions are made by those who turn up.” During Week 8, we will seek nominations in Home Room and vote via 'secret ballot' on Friday Week 8. These positions will take effect from Term 3 2015, until Term 3 2016.

Last newsletter I mentioned Bogga Bingo and Toomelah Tucka. Due to unforeseen events, these will now be happening early next term. BCS staff apologise.
Events coming up:
- 2016 Year 11 Subject Selection afternoon.
- 2015 Year 7 and Year 9 NAPLAN Information afternoon.
Invitations will be sent out to each event. We look forward to seeing you there.

The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.

Martin Luther King, Jr.

Until the next,
Liz Meek
POSITIVE BEHAVIOUR FOR LEARNING NEWS


Last Friday, we took thirty students to the PCYC as part of the Positive Behaviour for Learning (PBL) rewards afternoon. To be eligible for the excursion, students needed to have reached their bronze, silver or gold level. The students had a fantastic time playing basketball, table tennis and oz tag, as well as feasting on pizza for lunch. All of the students were excellent representatives for their school and community and demonstrated our values of pride, respect, responsibility and safety throughout the afternoon. Congratulations to all the students who came along and thank you for a great afternoon. We are already looking forward to term 4’s rewards afternoon and hope that all students will have achieved a positive level so that they can join us.

Until next time,

The PBL Team
PCYC TEAM UP

Over the past month, PCYC have been running the team up program with both primary and secondary boys. Both groups of boys have responded very well to this program and are beginning to develop their team work and communication skills further, which is fantastic to see. Below are some photos of the primary group competing in some activities.
Yaama everyone!

In Week 6, we had a visit from Mr Adam Marshall, MP. It was an awesome visit with him. Although we didn’t get any community members, we did get one Elder and we thank you for turning up. Other people had other commitments and some people were ill.

Our SRC students attended as well and thank you to Tiarla for doing welcome to country. Mr Khan took Mr Marshall on a tour of the school. He said he was very impressed. The students asked him a lot of questions and in return Mr Marshall spoke a bit about his life and how he got into politics. He said he started when he was 19 years old and he was the youngest member on the board at the time, and has been there until now. He said it wasn’t easy but he had a lot of support from his family.

Although we didn’t have much time to talk about other topics, he enjoyed talking to the students and hopes to give them a tour of Parliament House next year when we go to visit Sydney Boys High.
Boggabilla Central School would like to introduce Colin Clarence as the Leader, Community Engagement Officer for the Connected Communities Strategy. Colin began work on the 25 August 2015 and is looking forward to working with staff, students and community members to ensure that the goals and aims of the Connected Community Strategy are met.

Colin will accompany Mr Khan, Roxanne Duncan, Fran McGrady, Charmaine McIntosh and Louise Dennison and four secondary school girls on a trip to Coonamble from 10-12 September. There, the group will participate in a Field Day where other Connected Communities schools will showcase programs and projects that they have undertaken in the two years since the strategy began. The Boggabilla Central School workshop will feature a presentation by the secondary girls called “Yina ynamurru mali” (Girls Healing Group) and will outline how girls can heal through connection to culture. The goal of the program is to build and develop strong leadership and mentoring skills in our High School girls.
Boggabilla Parents Group

The FREE Parenting Support group will enable you to engage with other parents or carers and their children in a safe and supportive environment.

These groups will run every second week and include fun activities for you and your children.

STARTS: Wednesdays
TIME: 10.30am
WHERE: The Pink House, Boggabilla Central School
COST: FREE!

To see if you’re eligible, please phone Jess on 6750 8500 or ask us how we can support your family!

Rural Parenting Resilience Program
Supporting parents and carers of children aged 0-12 years

An Australian Government Initiative
Elder abuse concerns

No older person should be subjected to any form of abuse, often referred to as 'Elder abuse'. Elder abuse can take various forms such as physical, psychological or emotional, sexual or financial abuse. It can also be the result of intentional or unintentional neglect.

Elder abuse can be defined as "a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person" (World Health Organization).

If you are concerned about elder abuse you may want information about the issue, or the opportunity to talk to someone independently about your concerns and the options for getting help. Each state and territory provides information about abuse, abuse prevention and useful contacts.

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<td>Australian Capital</td>
<td>Older Persons Abuse Prevention Referral and Information Line (APRIL)</td>
<td>02 6205 3535</td>
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<td>New South Wales</td>
<td>NSW Elder Abuse Helpline</td>
<td>1800 628 221</td>
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<td>Northern Territory</td>
<td>Northern Territory Police</td>
<td>131 444</td>
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<td>Queensland</td>
<td>Elder Abuse Prevention Unit</td>
<td>1300 651 192</td>
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<td>South Australia</td>
<td>Aged Rights Advocacy Service Alliance for the Prevention of Elder Abuse</td>
<td>08 8232 5377 (Adelaide)</td>
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<td>1800 700 600 (rural)</td>
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<td>Tasmania</td>
<td>Tasmanian Elder Abuse Helpline</td>
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<td>Seniors Rights Victoria</td>
<td>1300 368 821</td>
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<td>Western Australia</td>
<td>Advocare Inc.</td>
<td>1300 724 679 (Perth)</td>
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<td>1800 655 566 (rural)</td>
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Last reviewed: 1 July, 2015.

ATTENDANCE REPORT

Attendance continues to be a priority for everyone at Boggabilla Central School. It is important to remember that all students must be present and ready to begin school by 8.45am. Some students are continuing to arrive past this time. This reduces the amount of time in the classroom and in turn learning time.

Our staff are continuing to mentor students on their attendance. Parents and caregivers are encouraged to contact teachers if they need some support or guidance with their child’s attendance. Thank you parents and community, for your continuing support with improving every student’s attendance at Boggabilla Central School. The end of term attendance rewards excursion is coming up in week 10. Students with 85% or more attendance will be eligible to attend.

Our whole school target continues to be 85%. We are currently on 72% at the moment. We are improving, which is great to see.

Week 7 Statistics

Primary: 72%
K/1/2: 86%
2/3/4: 83%
4/5/6: 72%
Secondary: 72%
7/8: 76%
9: 76%
10: 57%
11/12: 60%

How green is your grid?

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MIRRI ATTENDERS WEEK 7

Sheena-Lee Binge
Bethany Boland
Levi Duncan
Kezia Hickling
Benji Boland
Tyrone Binge
Darrell Cowen
Jaminda Williams
Keleisha Duncan
Shataya Duncan
Shakeetah Hickling
Meleah McIntosh
Danyelle Williams
Connor Missen
Alirose Williams
Mia Binge
Theresa Cowen
Matthew McIntosh
Zakius Boney
Dylan McIntosh
Jared Lloyd
Darryl Morgan
Liam McGrady
Darren Duncan

Madeline Jarrett, Daniel Jarrett, Rexiarna Jarrett, Kirsty McIntosh, Jordan O'Brien, Henry Binge, Kieran Cowen, Frederick Gillon, Stanley McGrady, Tiarla McGrady and Makiily Sampson
NBSA GET TOGETHER

Boggabilla, Collarenebri and Goodooga Central School students and staff journeyed to Mungindi Central School to be part of the Northern Border Senior Access Program’s 2-day Get Together. They were involved in a busy schedule of information sessions over the two days, but there was still time for some fun to be had.

On Wednesday, the morning’s special guests involved the students in discussions about Mental Health and Well Being, and Drugs and Alcohol. The students found out about mental health, how the brain works, and then how drugs and alcohol can impact upon the brain, including decision making, and how long it takes for alcohol to leave a body.

During the afternoon, the Year 12s got their first look at information in regards to their upcoming graduation night in Term 4. There is a lot to be done yet but the excitement level was starting to rise. The final session on Wednesday was a VC (video conference) with The Wollotuka Institute, based at Newcastle University, where the students were provided information in regards to the support they can receive if they wish to attend university there.

Wednesday night held activities of Banksie’s Rules – a combination of various ball sports – BINGO, all rounded off with a movie before everyone headed for their respective beds.

Thursday saw further VC’s with Murdi Paaki and IProwd Training Program in the morning, along with subject selection options being discussed for Year 10’s, while the Seniors worked through an assessment task and class work with their teachers. The IProwd VC proved to be very popular, as students could talk with the current students of the program and see that there can be other pathways in furthering their education and ultimate goals of what profession they want to follow. Lunchtime and more Banksie’s Rules, then into the final information session with Ms Liz Taylor, who works with Oorala – University of New England’s Indigenous Support Centre, giving the students further information in regards to options in getting to university and the support they can receive if wanting to go to Armidale.

A final clean up and pack away of resources saw everyone ready to go. NBSA would like to thank the Mungindi staff who gave incredible assistance to help ensure the days went well, Mr Banks for his game to help keep the students active at break, and the local businesses who helped us in catering to the students and staff for meals.
YOUTH HUT

FRIDAY 31ST JULY

FRIDAY 14TH AUGUST

FRIDAY 4TH SEPTEMBER

FREE ACTIVITIES AND PIZZA

PICK UP POINTS

4.30PM—TOOMELAH CLINIC

4.30PM—BOGGABILLA CLINIC, BOGGABILLA SHOP

TRANSPORT DEPARTS PCYC @ 7.30PM

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Health
Hunter New England
Local Health District

Drug Arm

Moree Plains Shire
Supporting Students

**Head lice**

**The facts**

Head lice infestations are a common occurrence, particularly in primary schools.

- about 23% of primary students have head lice at any one time
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

**Treatment**

- daily combing of white hair conditioner using a fine tooth comb is effective in getting rid of head lice and eggs (nits)
- school communities may need to hold 'check and treat' or Nitbuster days where everyone learns about and starts treatment on the same day. See the NSW Health website for more information about Nitbustes and for standard forms that schools can download and reproduce for organising a Nitbusters Day. These forms are also available in translation.

**Tips for parents in reducing the spread of head lice**

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

**What you can expect from your school**

Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice.

Observing students scratching their heads is not a reliable or efficient means of assessing head lice prevalence in the school.

Where one student has head lice this serves as a warning light that there is likely to be an infestation in either specific classes or across the whole school population, including staff.

The school will send a letter home to parents (Ms word 24.5 KB) when infestations of head lice occur and request that parents examine their child's hair and undertake treatment where eggs or lice are identified. This letter and information about head lice treatment options are available in translation.

Schools also provide:

- a venue for parents to get together and work out and where relevant, implement, local strategies
- ways of communicating information about head lice infestations and treatment for parents (eg through school newsletter).

They will also encourage students to avoid head to head contact in group activities as far as possible.

Scabies.

Scabies is a skin infestation caused by very small "mites" called Sarcoptes scabiei. The "mites" burrow into the skin to lay their eggs. New insects hatch from the eggs and can be spread to other parts of the skin by scratching.

Scabies is spread by direct, prolonged physical contact. "Mites" can survive away from humans for about 24—36 hours, so it is possible to get scabies from infected articles such as bed linen and clothing, although this is much less common. Scabies is common around the world and can affect anyone. Pets do not cause human scabies infections.

Symptoms of Scabies.
The main symptoms of scabies are:

- Intense itching, typically worse at night and after a hot bath or shower.
- Visible burrows on the skin between the fingers and in skin creases such as armpits and genitals. A bump or pimple-like rash which is often difficult to see.
- Small clear fluid filled spots or lesions.

Usually there is not much rash to be seen because the mites bury into the skin. In elderly people the rash may appear more widespread. In children, areas such as the face, scalp, palms and soles of the feet are often affected.

The Itch may last for two to three weeks.
The itch may persist for two to three weeks after treatment, even if the Scabies have been effectively treated. This is because the itch is caused by the body’s immune system responding to the mites, and may take time to settle down. You can talk to your Pharmacist about treatments available to help with the itch.

If symptoms persist for longer than two to three weeks, you should see your doctor for a review.

Infection times may vary.

Symptoms usually develop two to four weeks after infection. However people who have previously been exposed, may develop symptoms within 24—48 hours, because the immune system takes less time to respond.

Generally a person is no longer infectious 24 hours after treatment.

Diagnosis of Scabies.

Diagnosis is based on observing the signs and symptoms, or identifying the burrows on the top of the skin. Sometimes scabies is confirmed by taking a skin scraping and identifying the mites and eggs under the microscope.

Continued on next page
Treatment for Scabies

Treatment involves applying cream lotion specifically used for treating Scabies. This is available from a Pharmacist. Instructions to effectively treat Scabies include:

- Creams are better absorbed after a shower and towel drying.
- Apply a thin layer of the treatment to your whole body surface from the chin down. Avoid your eyes, nose and mouth and pay particular attention to the areas between your fingers, under your nails, the soles of your feet and between your buttocks. A pastry brush may make it easier to apply.
- Do not wash your hands after treatment.
- Leave treatment on for 12—24 hours and then wash thoroughly. People often choose to apply the cream in the evening and leave on overnight. Re-apply cream to any area that has been washed within 12—24 hours.
- If possible ask someone else to apply the cream for you. This will make sure your whole body surface is covered with cream. The treatment may need to be repeated in one weeks time to kill recently hatched mites.
- If the pimples or spots become infected, antibiotics may be necessary.

Treatment may Vary.

Treatment is different for some groups of people including babies, pregnant women, elderly people and people with sensitive skin.

Check with your Doctor or Pharmacist about what kind of treatment is recommended for people in these groups.

Treat Clothing and Bedding.

Any clothing, bedding or towels used in the last two days should be washed on a hot cycle or dry-cleaned.

Where to get Help.

Your Doctor

Your local Community Health Centre

Things to Remember.

Scabies is a skin infestation caused by mites.

Scabies leads to red itching bumps or blisters on the skin.

If you develop Scabies all members of your household will also require treatment.

For the latest updates and more information see the website: betterhealthvic.gov.au
Gold coin donation and bring morning tea and a hat.
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AECG Meeting 3.30pm